

Maudsley Parents Newsletter



maudsleyparents.org
a site for parents of eating disordered children

FALL 2008

Maudsley Parents continues to grow with the addition of a new clinical advisor. New information on the website this fall includes a video on Family-Based Treatment for anorexia nervosa, an interview on boys with eating disorders, and an update to our Spanish-language section. As always, we'd love to hear from you. Write us at contact@maudsleyparents.org

Maudsley Parents welcomes Renee Hoste, PhD as Clinical Advisor

We're delighted to welcome Renee Hoste, PhD as Clinical Advisor to Maudsley Parents. Dr. Hoste is an experienced Family-Based Treatment therapist and an Instructor of Psychiatry at The University of Chicago's Eating Disorders Program. She co-authored a helpful guide for parents *Navigating the Search for True Maudsley Treatment* for Maudsley Parents. Read more about Dr. Hoste [here](#).

New on the Website

New Video on FBT for Anorexia Nervosa

Be sure to check out our new eighteen-minute video on Family-Based Treatment for anorexia nervosa, which includes interviews with eating disorder experts and a young woman recovered from anorexia nervosa. We're grateful to Angela Celio Doyle, PhD of the University of Chicago's Eating Disorders Program and to Tomas Silber, MD of Children's National Medical Center for their help with this project. Click [here](#) to view.

Eating Disorders in Boys: An Interview with Dr. Mark Warren

Although eating disorders are sometimes thought of as a "girl problem", they occur in boys as well as girls. [Dr. Mark Warren](#), clinical psychiatrist and medical director of the Cleveland Center for Eating Disorders, leads the Males and Eating Disorders special interest group of the Academy of Eating Disorders. Read Maudsley Parents' interview with Dr. Warren about eating disorders in boys [here](#).

New Spanish-language Information

We've added to our Spanish-language section with a translation of *Family-Based Treatment of Anorexia Nervosa: The Maudsley Approach* by Drs. le Grange and Lock [here](#). The English version of the article is one of the most widely read articles on the website so we hope that the translation will be a good resource for families looking for information on FBT in Spanish. Many thanks to Tanya for her help with translation.

Parent Partner Program Workshop

Maudsley Parents co-chair Harriet Brown will be guest speaker at the Parent Partner Program Workshop at Cornell Cooperative Extension Syracuse, NY on September 16th from 6-9 pm. In this educational program presented by local health professionals, participants will learn about the psychological, medical, and nutritional aspects of anorexia and bulimia, and the effects of eating disorders on the family. The workshops are designed to help parents, families, and loved ones provide positive support to persons with eating disorders. For more information click [here](#).

Maudsley Parents at NEDA Conference

Maudsley Parents will be at the NEDA Conference in Austin, TX, in September 18-20. If you plan to attend, stop by the "Take One" table for some MP materials. Let us know if you'll be there—we'd love to meet you!



If you know other parents who are interested, please feel free to forward this newsletter and invite them to join our mailing list at contact@maudsleyparents.org. We respect your privacy and your contact information will not be shared.