

# Chicago Conference on Family-Based Treatment

## *Working Together for Recovery: Families and Professionals as Partners in Eating Disorder Treatment*

Quadrangle Club  
1155 East 57th Street  
Chicago IL 60637  
April 26, 2010, 9:30-3:00

### **New Insights into the Neurobiology of Anorexia Nervosa**

Walter Kaye, MD

### **Family-Based Treatment for Adolescent Eating Disorders: The Maudsley Approach**

Daniel le Grange, PhD

### **Parent Panel: Family Perspectives on Eating Disorder Recovery**

Moderated by Angela Celio Doyle, PhD and Harriet Brown

#### **Conference Objectives:**

At completion of the program participants will:

1. Understand the genetically-influenced personality traits and neurobiological drives that play an important part in eating disorders. Understand that this knowledge can help families develop insight into symptoms, to better understand, interact, and shape more adaptive coping strategies.
2. Understand the rationale and the scientific support for family-based treatment for adolescent eating disorders.
3. Understand a parent perspective on family-based treatment, the challenges of treatment for parents and positive coping strategies.

#### **About our Speakers:**

##### **Walter Kaye, MD**

Dr. Kaye is Director of the University of California, San Diego Eating Disorder Treatment and Research Program. Dr. Kaye's current research is focused on exploring the relationship between brain and behavior using brain imaging and genetics, and developing and applying new treatments for anorexia and bulimia nervosa. He is the principal investigator for an international, multi-site collaboration on the genetics of anorexia and bulimia nervosa. He has an international reputation in the field of eating disorders, is the author of more than 300 articles, and publications and has received a NIMH senior scientist award.

##### **Daniel le Grange, PhD**

Dr. le Grange is Professor of Psychiatry and Director of the Eating Disorders Program at the University of Chicago. He was a member of the team who developed the "Maudsley Approach" as a treatment for adolescent anorexia nervosa. He has published more than 150 research and clinical articles, books, book chapters, and abstracts. He is the co-author of Treatment Manual for Anorexia Nervosa: A Family-Based Approach, Help Your Teenager Beat an Eating Disorder and Treating Bulimia in Adolescents: A Family-Based Approach. Dr. le Grange has lectured extensively in the United States, Canada, Europe, Australia and South Africa. His past and ongoing research has been funded by the NIH (US) and the National Health & Medical Research Council (Australia).

##### **Angela Celio Doyle, PhD**

Dr. Celio Doyle is an Instructor of Psychiatry and the Eating Disorders Program Coordinator. She received her PhD in Clinical Psychology from the University of California at San Diego (Joint Doctoral Program with SDSU) after earning a bachelors and a masters degree at Stanford University. Dr. Celio Doyle spent three additional years at Stanford University helping to develop and test prevention programs for eating disorders in adolescents and young adults. Her research interests include the prevention and treatment of eating disorders in youth as well as the use of the Internet for health promotion.

##### **Harriet Brown**

Maudsley Parents co-chair Harriet Brown is a journalist and poet who teaches magazine journalism at Syracuse University's Newhouse School. She writes often for the New York Times and other publications. Her family memoir, *Brave Girl Eating*, based on a feature that ran in the *New York Times Magazine*, will be published in 2010.